

## **New Providence Flu Clinic**

The New Providence Health Department will hold its annual flu clinic on Tuesday, October 11, 2016 at the DeCorso Community Center located at 15 E. Fourth Street, New Providence. The clinic will run from 10:00 AM until 12:00, noon. The clinic will be open to all residents of New Providence, Cranford, Fanwood, Garwood, Mountainside, Roselle Park, Summit and Westfield. Pre-registration is not required but proof of residency may be required. You must bring your Health insurance card or Medicare part B card if eligible to the clinic.

The CDC recommends all individuals 6 months and older receive seasonal influenza vaccine (i.e., the flu shot) especially:

- People at high risk for flu-related complications. This includes infants, pregnant women, kids and adults with chronic diseases such as Asthma, Diabetes or heart disease, and older adults, aged 65 years and older, with and without chronic health conditions.
- Children aged 6 months or older, who attend any licensed child care center or pre-school activity
- Household contacts and out-of-home caregivers of children aged <6 months
- Health-care personnel who provide direct patient care
- Residents of long-term care facilities
- It is also important for persons who live with or provide care for persons at high risk for complications to get vaccinated. Getting vaccinated will help prevent you from getting sick and passing the illness to others.

For additional information, contact the New Providence Health Department at (908) 743-1049 or the Westfield Health Department at (908) 789-4070.