

Pre-School/Kindergarten Sports Classes

Online registration starts on August 16, 2016 at 10am.

Class	Instructor	Day/Time	Ages	Fee
Golf Squirts	USSI	Thu 3:30-4:30pm	4-5	\$139
Lacrosse Squirts	USSI	Thu 3:30-4:30 pm	3-5	\$139
Soccer Parent & Me	USSI	Mon 9:30-10:15 am	2-3	\$125
Soccer Squirts	USSI	Mon 12:30-1:30 pm	3-5	\$125
		1:30-2:30 pm	3-5	\$125
		Fri 1:00-2:00 pm	3-5	\$139
		3:30-4:30 pm	3-5	\$139
T-Ball Squirts	USSI	Tue 4:00-5:00 pm	3-5	\$139
		5:00-6:00 pm	3-5	\$139
Tennis Squirts	USSI	Mon 4:00-4:50pm	3-5	\$120
		Sat 9:00-9:50 am	3-5	\$135
Total Sports Squirts	USSI	Mon 10:30-11:30 am	3-5	\$125
Track & Field Squirts	USSI	Sat 9:00-10:00 am	4-5	\$125

Class Descriptions

GOLF SQUIRTS – USSI (Ages 4-5): Golf Squirts makes learning simple, progressive and fun. Utilizing training methods that focus on increasing your child's basic technique, this program enables your child learn and succeed in this complex sport. Participants use over-sized, lightweight clubs to encourage the correct grip and swing mechanics. Thursdays: 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3
Location: Grove Terrace Field.

LACROSSE SQUIRTS – USSI (Ages 3-5): Children will learn how to cradle, shoot, catch, scoop and scrimmage with maximum enjoyment. Lacrosse Squirts is a great way to play one of America's fastest growing sports. Thursdays: 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3. **Location: Municipal Tennis Court Complex.**

SOCCER PARENT & ME (Ages 3-5): Classes are a fun and positive introduction to soccer for children aged 2-3 and their parents! With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through a program of structured activities, fun based games, and scrimmages. Mondays: 9/12, 9/19, 9/26, 10/17, 10/24, 10/31. **Location: Municipal Tennis Court Complex.**

SOCCER SQUIRTS - USSI (Ages 3-5): Soccer Squirts learn the fundamental skills of soccer through a program of structured activities, fun-based games, and scrimmages. Mondays: 9/12, 9/19, 9/26, 10/17, 10/24, 10/31. Fridays: 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4. **Location: Grove Terrace Field**

T-BALL SQUIRTS - USSI (Ages 3-5): This is a great way to introduce your young sluggers to the exciting game of baseball! Focusing on the fundamental skills of the game, our progressive t-ball curriculum enables each child to develop his/her skills and understanding. Tuesdays: 9/20, 10/4, 10/11, 10/18, 10/25, 11/1. **Location: Municipal Tennis Court Complex.**

TENNIS SQUIRTS - USSI (Ages 3-5): A fun-filled learning adventure that introduces children to the world of tennis. This USSI program offers a variety of games and activities to maximize participation, increase success, and promote learning; all while having fun! Mondays: 9/12, 9/19, 9/26, 10/17, 10/24, 10/31. Saturdays: 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29. **Location: Municipal Tennis Courts.**

TOTAL SPORTS SQUIRTS - USSI (Ages 3-5): Experience a new sport each week of the program! Participants have the opportunity to try lacrosse, soccer, basketball, t-ball, floor hockey, parachute games and more in a safe, structured environment. Five Sessions: 9/21, 9/28, 10/5, 10/19, 10/26. **Location: Municipal Tennis Court Complex.**

TRACK & FIELD SQUIRTS - USSI (Ages 4-5): Track & Field events are learned through a series of fun games and activities designed to reinforce movement and coordination skills while incorporating competitive situations. Saturdays: 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29. **Location: Grove Terrace Field**

USSI FALL SESSION DATES

Mondays: 9/12, 9/19, 9/26, 10/17, 10/24, 10/31.
Tuesdays: 9/20, 10/4, 10/11, 10/18, 10/25, 11/1.
Thursdays: 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3.
Fridays: 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4.
Saturdays: 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29.

No Classes: Sept 27 (Bond Referendum), October 3 (Rosh Hashanah), October 10 (Columbus Day) and October 12 (Yom Kippur)

Non-residents may register for an additional \$20 fee per program

