



**Borough of New Providence  
Invites You!**

**Engaging, fun  
and effective  
program**



# **Healthy Active Minds**

**Three New Workshops !**

**Each workshop is different  
Practice diverse techniques with unique exercises  
for sharper memory and mind!**

<b>Dates:</b>	<b>June 11</b>	<b>Noon - 2pm</b>
	<b>June 18</b>	<b>Noon - 2pm</b>
	<b>June 25</b>	<b>Noon - 2pm</b>

**Location: New Providence Senior Center  
15 East 4<sup>th</sup> Street**

**Presenter: Eva Andor, Ph.D.  
Boost Your Mind LLC**

**This is a FREE program  
Attend all three, or any individual workshop**

**Please bring a brown bag lunch, additional  
light refreshment will be provided**

**Please register: 908 – 665 – 0046**

**Sponsored by: Borough of New Providence  
Public Health Department**

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