

# Information RESOURCE GUIDE for Senior Citizens Of New Providence



New Providence Senior Citizens Center  
15 East Fourth Street  
New Providence, NJ 07974  
908-665-0046

# Information RESOURCE GUIDE for Senior Citizens

This booklet is designed to coordinate some local information for the Senior Citizens of New Providence and their families. The information gathered is subject to change and alteration, it is only a guide for “some” of the services available within a ten-mile radius of New Providence.

From time to time this information will be updated when the information becomes outdated. We cannot accept responsibility for all the information, kindly use the phone numbers, websites, and other information to contact the individual services and programs to learn of their availability and rates.

## **NEW HANDBOOK for LONG-DISTANCE CAREGIVERS**

The Family Caregiver Alliance has a guide for families and friends who are caring for elderly loved ones from afar. The “Handbook for Long-Distance Caregivers” is available free on the website [www.caregiver.org](http://www.caregiver.org) or \$5.00 by sending to Family Caregiver Alliance -690 Market St. Ste.600 –San Francisco, Ca 94104

## **USEFUL WEBSITES and BOOKLETS**

There are many booklets and websites available for this growing industry now. The following ones have been used to guide us through this maze. You may find them helpful to aid you with your concerns.

### **A Place for Mom**

Help with locating the “ideal” spot for relocating the senior to a safe and welcome home.

908-665-2303

Fax: 866-285-4660

[www.aplaceformom](http://www.aplaceformom)

### **Alternatives For Seniors**

Free Assistance to help choose the good choice for your family

888-533-INFO or 888-533-4636

800-350-0770

[www.AlternativesForSeniors.com](http://www.AlternativesForSeniors.com)

### **New LIFESTYLES – The Source For Seniors**

[www.NewLifeStyles.com](http://www.NewLifeStyles.com)

### **Seniors Resource Guide**

973-560-00064

[www.SeniorsResourceGuide.com](http://www.SeniorsResourceGuide.com)

# TABLE OF CONTENTS

<b>ADULT DAY CARE SERVICES.....</b>	<b>4</b>
SAGE: Spend-A- Day, Adult Day Program at Muhlenberg Regional Medical Center, Circle of Friends, Norwood Terrace Nursing and Rehabilitation Center, Senior Care and Activities Center, Victorian Gardens Adult Day Center Recreational Programs for People with Disabilities	
<b>EMERGENCY RESPONSE SYSTEMS.....</b>	<b>6</b>
Berkeley Heights Rotary Club Medical Alert System, Direct Link, Health Watch, Life Line, Link-To-Life, Quiet Care and Companion, Voice Care	
<b>GERIATRIC CARE MANAGEMENT.....</b>	<b>7</b>
Ellen McNally, Social Worker with SAGE ELDERCARE, Freedom Elderly Care, Generations Counseling and Care Management, LLC, Health Help NJ, Metro West Caregivers Resource Center, Morris Home Care, National Association of Professional Geriatric Care Managers, Overlook Geriatric Service Team, Senior Bridge, Vitalize Care	
<b>HEALTH CARE AGENCIES.....</b>	<b>8</b>
Janice Girona, New Providence Public Health Nurse, EMO Medical Care, Morristown Memorial Hospital, Overlook Hospital, Runnells Specialized Hospital, St. Barnabas Medical Center, Summit Medical Group	
<b>HOME HEALTH CARE SERVICES.....</b>	<b>10</b>
Amazing Grace Nursing Care Service, Atlantic Private Care Services, Bayada Nurses, ComForCare Senior Services, Comfort Keepers, Griswold Special Care, Helping Hands Homecare, Home Helpers, Home Instead Senior Care, Metropolitan Home Health Care Services of NJ, Patient Care, Right At Home, SAGE Elder Care, Seniors At Home, LLC, Visiting Angels	
<b>HOUSING: Continuing Care Retirement Communities.....</b>	<b>12</b>
Cranes' Mill, Fellowship Village "Park Place", Winchester Gardens at Ward Homestead	
<b>HOUSING: Retirement &amp; Independent Living Communities.....</b>	<b>13</b>
Elisabeth Barabash Manor, Cranford Lincoln Senior Apartments, Edward K Gill Apartments, Loundsberry Meadows, Mrs. L's Rest Home Inc, Park Edge Senior Housing, Springfield Senior Housing, Vito A Gallo Senior Housing, Westfield Senior Housing I, Westfield Senior Housing I	
<b>HOUSING: Assisted Living Facilities.....</b>	<b>15</b>
Brighton Gardens at Mountainside, Chelsea at Warren, Chelsea at Fanwood, Cliffs at Eagle Rock, Garden Terrace, Juniper Village at Chatham, Spring Meadows at Summit, Sunrise of Westfield, Watchung Ridge	

**HOUSING: Nursing Centers.....17**

Ashbrook Nursing and Rehabilitation Center, Berkeley Heights Nursing and Rehabilitation Center, Berkeley Meadows Care Center, Care One at Madison Avenue, Cranford Hall Nursing Home, Cranford Health and Extended Care Center, Garden Terrace Nursing Center, HRC Manor Care / Glenside Nursing Center, Inglemoor Care Center of Livingston, King James Care Center, Pine Acres Nursing Home, Runnells Specialized Hospital, Westfield Center Genesis Healthcare

**NUTRITION PROGRAMS.....19**

SAGE Eldercare Meals-On-Wheels, Cranford Lincoln Senior Apartments, Kenilworth Senior Center, Scotch Plains Jewish Community Center, Union Senior Center, Westfield Community Center, Winfield Community Center

**SENIOR CITIZEN CENTERS.....20**

New Providence Senior Citizens Center, Madison Senior Center, Senior Citizens of Long Hill Township, Senior Services Center of the Chathams, Westfield Community Center

**TRANSPORTATION.....21**

New Providence Senior Citizen Bus, Senior Assistance Program, Summit Area Red Cross, New Jersey Transit Access Link, On Time Transport, Union County Para Transit

**VETERANS SERVICES.....23**

NJ Bureau of Veterans Services, NJ Department of Military and Veterans Affairs, Union County Office of Veterans Affairs, Outreach Program at East Orange Veterans Hospital, Outreach Program at Lyons Veterans Hospital, US Veterans Administration

## **ADULT DAY CARE SERVICES**

**Adult Day Programs** are for elders who need a place to stay during the daytime hours because they have difficulty functioning alone (i.e. dementia or physical limitations). The programs provide purpose and stimulation. Most facilities place participants into groups according to their specific limitations. Skilled and professional staff provides a viable alternative to “in-home” care or placement in assisted or nursing home care.

### **SAGE: Spend A Day**

290 Broad St  
Summit, NJ 07901  
908-598-5520

[www.sageeldercare.org](http://www.sageeldercare.org)

*Program provides door-to-door transportation from 8:00 am to 5:30 pm. Two snacks and a hot lunch are provided per day and cost is \$80 per day. Social Workers and Registered Nurses are available.*

### **Adult Day Program at Muhlenberg Regional Medical Center**

Park Ave & Randolph Rd  
Plainfield, NJ  
908-665-2328

### **Circle of Friends**

40 Stern Ave  
Springfield, NJ 07081  
973-376-4004

*Program provides door- to-door transportation from 8:00 am to 6:00 pm. Two meals provided per day and cost paid through Medicaid or private funding. Social Workers and Registered Nurses are available*

### **Norwood Terrace Nursing and Rehabilitation Center**

40 Norwood Ave.  
Plainfield, NJ  
908-769-1400

### **Senior Care and Activities Center**

110 Greenwood Ave.  
Montclair, NJ 07042  
973-783-5589

Early 7:30 am drop-off care to 6:30 pm pick-p for working caregivers

[www.SeniorCareCenter.org](http://www.SeniorCareCenter.org)

*Program includes door-to-door transportation, access to physical therapy, dental care, podiatry, and hair and bath services by a staff of Registered Nurses, Social Workers and Certified Recreational Therapists.*

**ADULT DAY CARE SERVICES**  
**(Continued)**

**Victorian Garden Adult Day Center**

353 Main St  
Chatham, NJ 07928  
973-635-2266

[www.victoriangardenaduldaycenter.com](http://www.victoriangardenaduldaycenter.com)

*Program provides door-to-door transportation. Meals, overnight stays, scheduled trips and activities according to the capabilities of the clients. Social Workers and Registered Nurses are available.*

**RECREATIONAL PROGRAMS for PEOPLE with DISABILITIES**

Brochure available by contacting:  
Union County Department of Parks, Recreation & Facilities  
Administration Building, Elizabeth NJ 07207  
908-527-4900

## **EMERGENCY RESPONSE SYSTEMS**

A Personal **Emergency Response System** (PERS) is an electronic device designed to let you summon help in an emergency. It has three components:

1. A small radio transmitter, a help button, to be worn or carried and pressed during an emergency;
2. A console connected to a telephone that automatically dials an emergency response center; and
3. An emergency response center that monitors the calls and sends out proper assistance.

### **BERKELEY HEIGHTS ROTARY CLUB MEDICAL ALERT SYSTEM**

Thanks to the donations of the Berkeley Heights Rotary Club, Berkeley Heights and New Providence residents are able to subscribe to this discounted service.

\$80 refundable installation fee

\$40 per YEAR usage fee

Installed and serviced by volunteers and local police departments

Contact: Marc Bruckstein @ 908-464-2236 or Ruth Robina @ 908-464-5759

### **DIRECT LINK Emergency Monitoring Inc** (Home Helpers Homecare)

45 South Avenue West

Cranford, NJ 07016

908-276-7700

fax: 908-276-0547

[www.HomeHelpers.cc](http://www.HomeHelpers.cc)

### **HEALTH WATCH**

Contact: **Patient Care** – Westfield

908-654-5656

### **LIFE LINE**

800-797-4235

[www.lifelinesys.com](http://www.lifelinesys.com)

\$30 to \$80 installation fee

\$30 to \$40 per MONTH

Waterproof button for wrist or neck

### **LINK TO LIFE**

1-800-348-9009

[www.link-to-life.com](http://www.link-to-life.com)

### **QUIET CARE and COMPANION**

Contact: **ComForCare Senior Services** –Mountainside

908-408-5220

### **VOICE CARE**

Contact: **Atlantic Health System**

**973-429-6841**

**888-607-3646**

## **GERIATRIC CARE MANAGEMENT**

A **Geriatric Care Manager** works to assist older adults and family caregivers through the community resources. They can refer eldercare specialists who know legal issues and entitlements that are available for the elderly. They can determine medical and social needs as well as arrange, coordinate and monitor the necessary services.

### **Ellen McNally Social Worker with SAGE ELDER CARE (New Providence)**

290 Broad Street  
Summit, NJ 07901  
908-273-5550  
[www.sage](http://www.sage)

Hired by the Borough of New Providence to assist seniors and their families with the changes that occur in the lives of the elderly

### **Freedom Elderly Care**

973-422-1800

### **Generations Counseling & Care Management, LLC**

201-845-7030 or 866-353-3726  
[www.generations-llc.com](http://www.generations-llc.com)

### **Health Help NJ**

973-746-0867

### **Metro West Caregivers Resource Center**

973-325-7873  
[www.caregiversnj.org](http://www.caregiversnj.org)

### **Morris Home Care**

973-540-9000

### **National Association of Professional Geriatric Care Managers**

[www.caremanager.org](http://www.caremanager.org)

### **Overlook Geriatric Service Team**

908-522-2987

### **Senior Bridge**

973-233-1585  
888-321-6303  
[www.seniorbridge.net](http://www.seniorbridge.net)

### **Vitalize Care**

732-754-3539  
[www.vitalizecare.com](http://www.vitalizecare.com)

## **HEALTH CARE AGENCIES**

There are a number of hospitals and health care professionals in the New Providence area. This is the basic information for the facilities. Check with our Public Health Nurse for referrals and health care checks.

### **New Providence Public Health Nurse: Janice Gironda**

360 Elkwood Avenue  
New Providence, NJ 07974  
908-464-7308  
[www.janicegironda @ newprov.org](mailto:www.janicegironda@newprov.org)

### **EMO Medical Care**

369 Springfield Avenue  
Berkeley Heights, NJ 07922  
909-464-6700

### **Morristown Memorial Hospital**

100 Madison Avenue  
Morristown, NJ 07960  
973-290-0193  
[http://www.atlantichealth.org/cons/hospitals/at\\_MMH/overview.htm](http://www.atlantichealth.org/cons/hospitals/at_MMH/overview.htm)

### **Overlook Hospital**

99 Beauvoir Avenue  
Summit, NJ 07901  
908-522-2000  
[http://www.atlantichealth.org/cons/hospitals/at\\_OH/overview.htm](http://www.atlantichealth.org/cons/hospitals/at_OH/overview.htm)

### **Runnells Specialized Hospital**

40 Watchung Way  
Berkeley Heights, NJ 07922  
908-771-5700

### **Saint Barnabas Medical Center**

94 Old Short Hills Road  
Livingston, NJ 07039  
973-322-5000  
[http://www.sbhcs.com/hospitals/saint\\_barnabas/overview.htm](http://www.sbhcs.com/hospitals/saint_barnabas/overview.htm)

## **HEALTH CARE AGENCIES**

**Continued**

### **Summit Medical Group**

<http://www.smgnj.com/about.php>

1 Diamond Hill Road  
Berkeley Heights, NJ 07922  
908-273-4300  
908-277-8880 (Urgent Care)

85 Woodland Road  
Short Hills, New Jersey 07078  
973-379-4496

34 Mountain Boulevard  
Warren, New Jersey 07059  
908-769-0100

560 Springfield Avenue  
Westfield, New Jersey 07090  
908-228-3600

## **HOME HEALTH CARE SERVICES**

**Home Health Care Services** become necessary when individuals are not in need of medical assistance but need some support in the home. Homemakers and companions provide housekeeping, incidental transportation, errands and other daily activities that allow seniors the ability to remain in the comfort of their homes. The Caregiver are either paid hourly or as a “live-in”. Rates per hour start around \$15.50. Live-In rates begin around \$150 per week.

### **Amazing Grace Nursing Care Service**

2165 Morris Avenue. Suite 1A  
Union, NJ 07083  
908-206-9988  
[www.agncs.com](http://www.agncs.com)

### **Atlantic Private Care Services**

33 Bleeker Street  
Millburn, NJ 07041  
973-540-9000

### **Bayada Nurses**

324 Chestnut Street  
Union, New Jersey 07083  
908-687-6363  
[www.bayada.com](http://www.bayada.com)

### **ComForcare Senior Services**

1199 Route 22 East  
Mountainside, NJ 07092  
908-408-5220  
[www.ComForcare.com](http://www.ComForcare.com)

### **Comfort Keepers**

1 Mountain Boulevard  
Warren, NJ 07059  
732-369-3639

### **Griswold Special Care**

908-272-9660  
[www.griswoldspecialcare.com](http://www.griswoldspecialcare.com)

### **Helping Hands Homecare**

77 Central Avenue  
Clark, NJ 07066  
908-451-0715

## **HOME HEALTH CARE SERVICES**

**(Continued)**

### **Home Helpers**

45 South Avenue West  
Cranford, NJ 07016  
908-276-7700  
[www.homehelpers.cc](http://www.homehelpers.cc)

### **Home Instead Senior Care**

26 Linden Avenue  
Springfield, NJ 07081  
973-379-4910

### **Metropolitan Home Health Care Services of New Jersey**

908-322-8883  
[www.premierhomehealthcare.com](http://www.premierhomehealthcare.com)

### **Patient Care**

120 Elm Street  
Westfield, NJ 07090  
908-654-5656  
[www.patientcare.com](http://www.patientcare.com)

### **Right At Home**

10 Fairmount Avenue  
Chatham, NJ 07928  
973-701-9832  
[www.morrisnj.rightathome.net](http://www.morrisnj.rightathome.net)

### **SAGE Elder Care**

290 Broad Street  
Summit, NJ 07901  
908-273-8400  
[www.sageeldercare.org](http://www.sageeldercare.org)

### **Seniors At Home, LLC**

2400 Morris Avenue -Suite 205  
Union, NJ 07083

### **Visiting Angels**

45 Park Place S Suite 358  
Morristown, NJ 07960  
908-684-0231

**There are individual CAREGIVERS who work independently.  
Contact the Senior Center at 908-665-0046,  
To inquire whether there might be someone available.**

## **HOUSING INFORMATION**

### **CONTINUING CARE RETIREMENT COMMUNITY**

### **(CCRC)**

A **LIFE CARE COMMUNITY** or **CCRC** offers a continuum of housing, and health care services, commonly all on one campus offering independent living, assisted living and nursing home care. As your needs change you can move through levels of care without relocating. In addition to monthly fees, an endowment fee may be required.

#### **Arbor Glen**

100 Monroe Street  
Bridgewater, NJ 08807  
908-595-6500  
[www.ArborGlen.org](http://www.ArborGlen.org)

#### **Cranes' Mill**

459 Passaic Ave  
West Caldwell, NJ  
973-276-6700  
800-500-5433  
[www.cranesmill.org](http://www.cranesmill.org)

#### **Fellowship Village "Park Place"**

9000 Fellowship Road  
Basking Ridge, NJ  
1-800-458-6715  
[www.fellowshipvillage.org](http://www.fellowshipvillage.org)

#### **Winchester Gardens at Ward Homestead**

333 Elmwood Avenue  
Maplewood, NJ 07040  
800-887-7502  
[www.winchestergardens.com](http://www.winchestergardens.com)

**Theoretically, these facilities would be listed under each of the other categories of COMMUNITIES as well. It is not necessary for the individual to move somewhere else should their independence needs change. They all care for the lifetime of the individuals.**

## **HOUSING INFORMATION**

### **RETIREMENT & INDEPENDENT LIVING COMMUNITIES**

These are normally age-restricted communities with limited services. The **RETIREMENT COMMUNITIES** generally have handrails and pull cords in all the units to aid the occupant. Further support services, such as limited meals, housekeeping, social activities, and scheduled transportation services are added when the units are classified as **INDEPENDENT LIVING COMMUNITIES**.

#### **Elisabeth Barabash Manor**

**New Providence Senior Housing** (New Providence residents have first preference)

101 Academy Street

New Providence, NJ 07974

908-665-0046

#### **Cranford Lincoln Senior Apartments**

800 Lincoln Avenue East

Cranford, NJ

908-931-0194

#### **Edward K Gill Apartments / Cranford Senior Citizens**

40 Meeker Ave.

Cranford, NJ 07016

908-272-9180

#### **Loundsberry Meadows**

1449 Valley Road

Stirling, NJ 07980

908-657-0544

#### **Mrs. L's Rest Home Inc**

140 Central Avenue

Madison, NJ 07940

973-377-4060

973-377-8353

#### **Park Edge Senior Housing**

Springfield Avenue

Berkeley Heights, NJ 07920

Management – Cypress View Association 201-391-2966

#### **Springfield Senior Housing**

350 Independence Way

Springfield, NJ

973-467-1480

**HOUSING INFORMATION**  
**RETIREMENT & INDEPENDENT LIVING COMMUNITIES**  
**(Continued)**

**Vito A Gallo Senior Housing**

12 Chestnut Ave  
Summit, NJ 07901  
908-273-6413

**Westfield Senior Housing I**

1133 Boynton Avenue  
Westfield, NJ 07090  
908-233-5898

**Westfield Senior Housing II**

1129 Boynton Avenue  
Westfield, NJ 07090  
908-518-7834

## **HOUSING INFORMATION** **ASSISTED LIVING FACILITIES**

**Assisted Living Communities** are residential in character and designed for individuals who require more assistance than an independent living environment, but do not need nursing care on a daily basis. Assisted living communities usually offer help with activities of daily living (ADLs) such as: bathing, dressing, meals and housekeeping. An assisted living facility can provide a housing alternative with just the right amount of help to keep an independent lifestyle. These facilities are licensed by the state as a “Personal Care Home” and they may have health care professionals available.

### **Brighton Gardens at Mountainside – Sunrise Senior Living**

1350 Route #22 West  
Mountainside, NJ 07092  
908-654-4460  
[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

### **Chelsea at Warren**

274 King George Road  
Warren, NJ  
908-903-0911  
[www.chelseaseniorliving.com](http://www.chelseaseniorliving.com)

### **Chelsea at Fanwood**

295 South Ave  
Fanwood, NJ  
908-654-5200  
[www.chelseaseniorliving.com](http://www.chelseaseniorliving.com)

### **Cliffs at Eagle Rock**

7070 Eagle Rock Ave  
West Orange, NJ  
973-736-1194  
[www.thecliffsateaglerock.org](http://www.thecliffsateaglerock.org)

### **Garden Terrace**

361 Main Street  
Chatham, NJ 07928  
973-635-0899  
[www.gardenterracenursinghome.com](http://www.gardenterracenursinghome.com)

### **Juniper Village at Chatham**

500 Southern Boulevard  
Chatham, NJ 07928  
973-966-5483  
[www.junipercomunities.com](http://www.junipercomunities.com)

**HOUSING INFORMATION**  
**ASSISTED LIVING FACILITIES**  
**(Continued)**

**Spring Meadows at Summit**

41 Springfield Ave

Summit, NJ 07901

908-522-8852

[www.springmeadowsummit.com](http://www.springmeadowsummit.com)

**Sunrise of Westfield**

240 Springfield Ave

Westfield, NJ 07090

908-317-3030

[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

**Watchung Ridge**

380 Mountain Boulevard

Watchung, NJ 07069

908-754-8180

[www.phsnet.org](http://www.phsnet.org)

## **HOUSING INFORMATION**

### **NURSING CENTERS**

**NURSING CENTERS** are licensed by the state and provide 24 hour nursing care. This is the highest level of nursing care available outside of hospitalization. The accommodations are usually a furnished one-room unit with a bathroom shared by two or more persons. Residents require custodial or skilled nursing care (short term or long term) and may benefit from rehabilitative therapy to maintain or improve their abilities.

#### **Ashbrook Nursing and Rehabilitation Center**

1610 Raritan Road  
Scotch Plains, NJ 07076  
908-889-5500

#### **Berkeley Heights Nursing and Rehabilitation Center**

35 Cottage Street  
Berkeley Heights, NJ 07922  
908-464-0048

#### **Berkeley Meadows Care Center**

311 Springfield Avenue  
Berkeley Heights, NJ 07922  
908-464-9260

#### **Care One at Madison Avenue**

151 Madison Avenue  
Morristown, NJ 07960  
973-656-2700

#### **Cranford Hall Nursing Home**

600 Lincoln Park East  
Cranford, NJ 07016  
908-276-7100

#### **Cranford Health and Extended Care Center**

205 Birchwood Avenue  
Cranford, NJ 07016  
908-272-6660  
[www.cranfordhealth.com](http://www.cranfordhealth.com)

#### **Garden Terrace Nursing Center**

361 Main Street  
Chatham, NJ 07928  
973-635-0899

#### **HRC Manor Care / Glenside Nursing Center**

144 Gales Drive  
New Providence, NJ 07974  
908-464-8600

**HOUSING INFORMATION**  
**NURSING CENTERS**  
**(Continued)**

**Inglemoor Care Center of Livingston**

311 South Livingston Avenue  
Livingston, NJ  
973-994-0221

**King James Care Center**

415 Southern Boulevard  
Chatham, NJ 07928  
9773-822-1500

**Pine Acres Nursing Home**

51 Madison Avenue  
Madison, NJ 07940  
973-377-2124

**Runnells Specialized Hospital**

40 Watchung Way  
Berkeley Heights, NJ 07922  
908-771-5807  
[www.ucnj.org/RUNNELLS](http://www.ucnj.org/RUNNELLS)

**Westfield Center Genesis Healthcare**

1515 Lamberts Mill Road  
Westfield, NJ 07090  
908-233-9700

## **NUTRITION PROGRAMS**

### **SAGE Eldercare Meals-on-Wheels**

290 Broad Street  
Summit, New Jersey 07901  
908-273-5554  
<http://www.sagenj.org>

*Cost:* Hot meal small tray- \$4.50  
Hot meal large tray-\$7.00

*Hours:* **Home Deliveries ONLY** made no later than 1:00 pm

*Areas of Service:* Berkeley Heights, Chatham, Millburn, Mountainside, New Providence, Short Hills, Springfield, and Summit

The Union County Division on Aging Senior Nutrition program offers lunches planned by a nutritionist. The **SENIOR CAFÉ** is open to all Union County residents age 60 and older and their spouses. Meals are served Monday through Friday unless otherwise noted. Make a reservation one day in advance by calling the number listed.

### **CRANFORD Lincoln Senior Apartments** (Tues & Thurs)

800 Lincoln Ave.  
908-931-0194

### **KENILWORTH Senior Center** (Mon, Wed, & Fri)

526 Boulevard  
908-272-7743

### **SCOTCH PLAINS Jewish Community Center** (Mon, Tues, Wed)

1391 Martine Avenue  
908-889-8800 (Kosher)

### **UNION Senior Center**

968 Bonnel Court  
908-851-5293

### **WESTFIELD Community Center** (Tues, Wed, Thurs)

558 West Broad Street  
908-232-4759

### **WINFIELD Community Center**

Roosevelt Drive  
908-925-2014

## **SENIOR CENTERS**

Local social centers helping seniors remain full members of their communities. Group participation in planned activities encourages personal growth and general well being.

### **New Providence Senior Citizens Center**

15 East 4<sup>th</sup> Street  
New Providence, NJ 07974  
908-665-0046

[www.newprov.org](http://www.newprov.org)

*Hours:* Monday and Friday from 12:30 pm-5:00 pm; Tuesday-Thursday from 9:30 am-5:00 pm

*Meal Program:* No

*Resident to Attend:* Yes and non-resident guests

*Social Worker Program:* SAGE Social Worker

### **Madison Senior Center**

28 Walnut Street  
Madison, NJ 07940  
973-593-3095

<http://www.rosenet.org/gov/seniorci>

*Hours:* Monday-Friday from 9:00 am-4:00 pm

*Meal Program:* Part of Meals on Wheels, serving Florham Park and Madison

*Resident to Attend:* No, activities and programs first served to residents and then open to everyone else

*Social Worker Program:* Yes

### **Senior Citizens of Long Hill Township**

769 Valley Road  
Gillette, NJ 07933  
908-626-1101

*Hours:* Monday-Wednesday, Friday from 10:00 am-4:00 pm

*Meal Program:* Morning meal on Mondays and Wednesdays; \$1.50 donation

*Resident to Attend:* Yes, but some programs open to everyone

*Social Worker Program:* No

### **Senior Services Center of the Chathams**

Chatham Township Municipal Building  
58 Meyersville Road  
Chatham, NJ 07928  
973-635-4565 (or -4556) Call for information

*Hours:* Monday – Friday from 9:15am to 3:00 pm

### **Westfield Community Center**

558 West Broad Street  
Westfield, NJ 07090  
908-232-4759

*Hours:* Monday-Friday from 10:00 am-2:00 pm

*Cost:* \$20 per year

*Meal Program:* Yes

## TRANSPORTATION

### **New Providence Senior Citizen Bus:**

908-665-0046

*Type of Service:* Grocery shopping on Tuesday mornings & Friday afternoons; Mall shopping on Fridays

Seniors must be residents of New Providence and ambulatory

*Reservations:* Contact Senior Center at 9:00 am on Tuesday or Friday to arrange transportation

### **Senior Assistance Program** Run by the volunteers of New Providence EMT Squad

908-665-8274

*Type of Service:* Transportation to doctor appointments within Union County

*Hours:* Monday through Friday- 8:00 am to 4:00 pm

*Contact:* 48 to 72 hours ahead of appointment

Seniors must be residents of New Providence and ambulatory

### **Summit Area Red Cross**

908-273-2076

<http://www.summitrc.org/transportation.htm>

*Type of Service:* Curb to curb service for non-emergency medical appointments

*Areas of Service:* Berkeley Heights, Long Hill, New Providence, Springfield and Summit

*Hours:* Monday through Friday- 8:00 am to 4:00 pm

*Reservations:* Must call two weeks prior to appointment

Must be ambulatory

### **New Jersey Transit Access Link**

800-955-2321

*Type of Service:* Medical and recreational transportation to anyone who is unable to use the New Jersey Transit buses

*Areas of Service:* All of New Jersey except Hunterdon and Warren Counties

*Hours:* Runs the same hours as the NJ Transit bus in the area

*Cost:* Starts at \$1.25

Must live  $\frac{3}{4}$  of a mile from an NJ Transit bus stop

### **On Time Transport**

908-298-9500

*Type of Service:* Medical transportation

*Areas of Service:* All of New Jersey

*Hours:* Open 24 hours per day, 7 days per week

*Reservations:* must be made 24 hours in advance

*Cost:* Car transportation-\$70/hr

Wheelchair-\$100/hr

Stretcher-\$200/hr

## **TRANSPORTATION** **(Continued)**

### **Union County Para Transit**

908-241-8300

<http://www.unioncountynj.org/humansvc/ptguide.html>

*Type of Service:* Curb-to-curb service for non-emergency appointments including: medical, mental health, veteran's hospitals, transportation to bus and rail service, employment, education, recreation, shopping and nutrition sites

*Areas of Service:* Union County; 5 miles out of county trips are made on Mondays and Wednesdays

*Days of Operation:* Monday – Fridays; Weekend Special Trips

*Reservations:* 5 to 7 days in advance; Monday through Friday 8 AM to 4:30 PM

## **VETERANS AFFAIRS**

**Veterans Benefit Hotline:** 888-8NJ-VETS  
888-865-8387  
**Veterans Counseling Hotline:** 866-VET-SNJ4  
866-838-7654  
**Website:** [www.nj.gov/military/veterans/index](http://www.nj.gov/military/veterans/index)

Assistance for veterans through federal, state, and county offices, in certain cases benefits may also be available to veteran's spouses, widows and Gold Star Mothers.

### **New Jersey Bureau of Veteran Services**

1196 Chestnut Street  
Elizabeth, NJ 07201-1053  
908-820-3133

### **New Jersey Department of Military and Veterans Affairs**

Eggert Crossing Road CN340  
P.O. Box 340  
Trenton, NJ 08625-0340  
609-530-7045  
<http://www.state.nj.us/military>  
Stephen G. Abel USA (Ret)

### **Union County Office of Veterans Affairs**

County Administration Building, 3<sup>rd</sup> Floor  
Elizabeth, NJ 07207  
908-527-4946  
908-527-4947

### **Outreach Program at East Orange Veterans Hospital**

385 Tremont Avenue  
East Orange, NJ 07018  
973-676-1000

### **Outreach Program at Lyons Veterans Hospital**

151 Knollcraft Road – Building 11, Room 227  
Lyons, NJ 07939  
908-647-0180

### **U.S. Veterans Administration**

20 Washington Place  
Newark, NJ 07102  
800-827-1000  
(Have VA File Numbers and Social Security Number available)