

Flu Vaccinations

Who Gets the Flu?

Everyone is at risk of catching the flu. It is a highly contagious virus, that can easily be spread through direct contact with respiratory droplets, commonly left from coughs and sneezes of a sick person.



The Centers for Disease Control and Prevention (CDC) estimates that just over 4,600 people have died from the flu in the last year.

Does Vaccination Really Work?

YES! Vaccination is the best prevention against the flu. It can stop people from getting sick, reduce hospitalizations from complications and reduce severity of illness if contracted.

The CDC estimates EACH YEAR, flu vaccinations have:

- Prevented 5.1 million cases of the flu
- Prevented 2.1 million flu medical visits
- Prevented 71,000 hospitalizations



The percentage of vaccination is lower than needed to offer protection. In 2016:

- Only 60% of children, 6-17 years old, were vaccinated
- Only 42% of adults, 18 years or older, were vaccinated

Did You Know?

Flu can be particularly dangerous for certain groups, including:

- Infants not old enough to be vaccinated (6 months or younger)
- Young children (under 5 years of age)
- Adults over 65 years of age
- Pregnant Women
- People with chronic conditions
 - Respiratory illnesses, asthma, heart disease, diabetes, kidney and liver disorders and many more



Don't take the chance, get yourself, your family members and your loved ones vaccinated EVERY YEAR!



Westfield Regional Health Department
<http://www.westfieldnj.gov/health>