

# Influenza: What you Need to Know



## Your Health Matters

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Have influenza-related questions? The CDC has [posted answers](#) by topic. Click the image below to read them.



## Prevent Seasonal Flu

The best way to prevent seasonal flu is to get vaccinated every year. [This page](#) has resources to help answer your questions about the flu vaccine.

## Everything you Need to Know about Influenza

From [prevention and flu activity to symptoms and treatment](#), click the image on the right to find everything you need to know about flu.

