

Pre-School/Kindergarten Sports Classes

Online registration starts now available.

Class	Instructor	Day/Time	Ages	Fee
Basketball Squirts	USSI	Wed 3:45-4:30 pm	4-5	\$114
Lacrosse Squirts	USSI	Thu 3:30-4:30 pm	4-5	\$169
Soccer Squirts	USSI	Tue 12:30-1:30 pm	3-5	\$169
		1:30-2:30 pm		
		1:00-2:00pm		
		Fri 3:30-4:30pm		
		5:30-6:30 pm		
Sun 9:00-10:00am	\$169			
10:00-11:00am				
		11:00am-Noon		
T-Ball Squirts	USSI	Tue 3:30-4:30 pm	3-5	\$169
Tennis Squirts *No class Tues 4/30	USSI	Tues 4:00-4:45 pm	3-5	\$149
		Sat 9:00-9:45 am		\$169
Total Sports Squirts	USSI	Sat 1:30-2:15 pm	3-5	\$169
		Sat 9:00-10:00 am		
		Wed 10:00-11:00 am		
		Wed 10:30 -11:30 am		\$169
Track & Field Squirts	USSI	Sat 1:30-2:30pm	4-5	\$169

Class Descriptions

BASKETBALL SQUIRTS (Ages 4-5): Squirts Basketball is designed to introduce your budding NBA star to the high energy game of basketball! Using proportionately sized basketballs, this program encourages players to develop motor skills and basic techniques in passing, dribbling and shooting. **Location: NP Community Pool Basketball Courts**

LACROSSE SQUIRTS (Ages 4-5): Squirts Lacrosse is the perfect introduction to the nation's fastest growing sport. Skills covered include stick familiarity, scooping, catching, shooting and more. Each session is taught through structured activities, fun games, and scrimmages designed to ensure learning and most importantly: fun, fun, fun! **Location: Municipal Tennis Court Complex.**

SOCCKER SQUIRTS (Ages 3-5): Soccer Squirts learn the fundamental skills of soccer through a program of structured activities, fun-based games, and scrimmages. **Location: Grove Terrace Field or Municipal Tennis Court Complex**

T-BALL SQUIRTS (Ages 3-5): This is a great way to introduce your young sluggers to the exciting game of baseball! Focusing on the fundamental skills of the game, our progressive t-ball curriculum enables each child to develop his/her skills and understanding. **Location: Municipal Tennis Court Complex.**

TENNIS SQUIRTS (Ages 3-5): A fun-filled learning adventure that introduces children to the world of tennis. This USSI program offers a variety of games and activities to maximize participation, increase success, and promote learning; all while having fun! **Location: Municipal Tennis Courts.**

TOTAL SPORTS SQUIRTS (Ages 3-5): The Squirts Multi Sports program allows children to try a variety of different sports throughout the season including Lacrosse, Soccer, T-Ball, and Track & Field. All sports are taught in a safe and structured learning environment designed to ensure learning and most importantly: fun, fun, fun! **Location: Municipal Tennis Court Complex.**

TRACK & FIELD SQUIRTS (Ages 4-5): Track & Field events are learned through a series of fun games and activities designed to reinforce movement and coordination skills while incorporating competitive situations. **Location: Grove Terrace.**

USSI FALL SESSION DATES

- o Tuesdays- April 23, 30, May 7, 14, 21, 28, June 4, 11
- o Wednesdays – April 24 May 1, 8, 15, 22, 29, June 5, 12
- o Thursdays – April 25, May 2, 9, 16, 23, 30, June 6, 13
- o Fridays – April 26, May, 3, 10, 17, 24, 31, June 7, 14
- o Saturdays – April 13, 27, May 4, 11, 18, June 1, 8, 15
- o Sundays – April 14, 28, May 5, 12, 19, June 2, 9, 16

No Classes: April 20, 21 or May 25, 26

Non-residents may register for an additional \$20 fee per program.

