

## Adult Classes

Online registration available via Community Pass beginning Tuesday, February 2, at 10:00 am.\*

Class	Instructor	Day/Time	Fee	Class Descriptions
<b>Basketball for Men 30+</b> (12 sessions)	n/a	Wed 7:30 – 9:00 pm	<i>No fee</i> (All participants must register)	<b>BASKETBALL for MEN 30+:</b> Informal pick-up games. <u>Wednesdays:</u> Apr 14, 21, 28; May 5, 12, 19, 26; June 2, 9, 16. <b>All participants MUST register.</b> <i>Location: <b>outside</b> at Community Pool Basketball Courts</i>
<b>Ladies Foundation Tennis</b> (8 sessions)	USSI	Fri 10:00 – 11:00 am	\$177	<b>LADIES FOUNDATION TENNIS:</b> Designed to introduce beginners and those with some experience to the fundamentals of tennis. Each session will focus on a specific skill. <i>Bring your own racquet.</i> <u>Fridays:</u> Apr 16, 23, 30; May 7, 14, 21; June 4, 11. Make-up Jun 18. <u>Saturdays:</u> Apr 17, 24; May 1, 8, 15, 22; June 5, 12. Make-up Jun 19. <i>Location: Municipal Tennis Courts</i>
		Sat 8:00 – 9:00 am	\$177	
<b>Ladies Development Tennis</b> (8 sessions)	USSI	Fri 11:15 am – 12:15 pm	\$177	<b>LADIES DEVELOPMENT TENNIS:</b> The player should be able to demonstrate a controlled forehand and backhand technique, a basic serving action, and understand the rules of the sport. <i>Bring your own racquet.</i> <u>Fridays:</u> Apr 16, 23, 30; May 7, 14, 21; June 4, 11. Make-up Jun 18. <i>Location: Municipal Tennis Courts</i>
<b>Yoga</b> (10 sessions) <i>Minimum 5 Participants</i>	Judy	Wed 9:00-10:00 am	\$100	<b>YOGA:</b> Gentle/Moderate-Vinyasa–style. Stretching, strengthening and balance suitable for everyone, easily modified for beginners to advanced. <i>Please bring a mat.</i> <u>Wednesdays:</u> Apr 14, 21, 28; May 5, 12, 19, 26; June 2, 9, 16. Make-up June 23. <u>Fridays:</u> Apr 16, 23, 30; May 7, 14, 21, 28; June 4, 11, 18. Make-up June 25. <i>Location: <b>outside</b> at Centennial Park Pavilion.</i>
		Fri		
<b>Studio Art Workshop</b> (7 sessions) <i>Minimum 5 Participants</i>	Mary Jean	Thurs 10:00 am- Noon	\$140	<b>STUDIO ART WORKSHOP:</b> Learn and develop skills in drawing and painting with support from instructor. All levels welcome, including beginners. Materials provided. <u>Thursdays:</u> May 6, 13, 20, 27; June 3, 10, 17. Make-up June 24. <i>Location: <b>outside</b> at Centennial Park Pavilion.</i>

**\*Non-residents:**

- For Basketball, Yoga, and Studio Art, **registration opens two weeks before class begins.**
- **An additional \$20 per program will be charged.**



Link to CommunityPass online registration at [www.newprov.org/recreation](http://www.newprov.org/recreation).  
 Once logged in, click on "Browse Activities" and then choose "2021 Adult Spring".